

**Nebraska Mediation Center Association  
and  
Nebraska Office of Dispute Resolution  
Training Institute**



**Mediation & ADR  
2007 Trainings**



In affiliation with the Nebraska Supreme Court Administrative Office of Courts/  
Probation

## 2007 Training Schedule

<u>Basic Mediation</u>	<u>Family Mediation</u>	<u>Specialized Trainings</u>
Omaha.....Feb. 7, 14, 21, 28 Lincoln.....May 3 - 4, 10 - 11 Kearney.....August 7 - 10 Lincoln.....Nov. 6 - 9	Lincoln.....June 18 - 21	<b>Adv. Mediation Skills Workshop</b> Omaha.....March 27 - 28 <b>Advanced Family Workshop</b> Omaha.....May 21 - 22

### **Basic Mediation Training**

Basic Mediation Training entails a minimum of 30 instructional hours, generally taught over a three and one half day period. It is a balance of theory and practice. Trainers use diverse teaching methods including classroom-style presentations, demonstration role plays, videos, active learning exercises, and outside readings. Trainers utilize the ODR Basic Mediation Training Manual that offers a comprehensive background to the units taught. The manual addresses specific Nebraska statutes and Nebraska's ethical standards for mediators. During training there are several opportunities to role play simulated mediation sessions. All role players are provided feedback from experienced mediator/coaches in a 4:1 ratio.

#### **Training Components:**

- Overview of conflict theory
- Mediator standards and ethics
- Communication skills and their effective use in mediation
- Theory and application of interest-based mediation
- Theory of interest-based negotiation and the relationship to mediation
- Dealing with emotions
- Models of intervention for conflict situations
- Cross-cultural implications & bias awareness
- Simulation mediation role plays

**Who Should Attend** — This training is designed for anyone interested in learning how to assist others in resolving their issues. It also provides an opportunity for those desiring to improve their communication and negotiation process skills as a means to enhance personal and professional development. Those interested in developing referrals and alternative dispute resolution systems will also benefit from this course.

This training satisfies the statutory requirements of the Nebraska Dispute Resolution Act.

**Prerequisite** —None (This training is the prerequisite for advanced and specialized mediation training.)

**Registration.....\$800 (includes comprehensive training manual, trained/active mediators to serve as coaches during role plays, lunches, and refreshments)**

### **Family Mediation Training**

The Family Mediation Training is a minimum of 30 instructional hours over a three and one half day period. Participants build on their Basic Mediation Training and focus on divorce, parenting, and related issues. Role plays cover parenting plans, support, and financial issues.

A key component of the Family Mediation Training is a section on domestic violence. Participants study the power dynamics of family violence and learn techniques designed to successfully screen out cases inappropriate for mediation due to domestic violence and child abuse.

Completion of this training satisfies all the training requirements established in the Nebraska Parenting Act including the family violence awareness requirement.

#### **Training Components:**

- Mediation process overview
- Child and family development
- Family violence and power dynamics
- Dealing with emotions
- Nebraska family law/court system
- Parenting plans
- Child support and finances
- State referral resources for families

**Prerequisite** — ODR approved Basic Mediation Training or equivalent.

**Registration.....\$800 (includes comprehensive training manual, trained/active mediators to serve as coaches during role plays, lunches, and refreshments)**

## **Advanced Mediation Skills Workshop**

**Special Presenter - Bernard Mayer\***

The training components of this 10-hour workshop:

- The Reflective Practitioner
- Getting to the Heart of the Issue: The Dimension of Conflict
- Where Conflict Lives for Disputants
- Beyond Neutrality: Allies & Advocates in Conflict Resolution
- Dynamics of Power in Mediation
- Developing a Culturally Sensitive Mediation
- Issues in Communication for Mediators

**Prerequisite** — ODR approved Basic Mediation Training or equivalent.

**Registration.....\$150 (includes lunch on Wednesday, March 28)**

## **Advanced Family Mediation Skills Workshop - "50 Ways to Leave Your Lover"**

**Special Presenters - Marilyn McKnight, M.A.\* and Stephen Erickson, J.D.\***

The well known song, *Fifty Ways to Leave Your Lover*, could be the title of a divorce mediation practice. Divorce mediators must learn skills and interventions continually as new situations and issues emerge in couples' divorces. This 2-day seminar will provide many different "ways" or interventions that mediators use to assist couples in arriving at their mediated divorce settlement.

The presenters will provide examples of the numerous interventions they have used successfully for thirty years of mediating divorces, and discuss how they choose their responses to different issues that arise in mediation. The presentation will involve large group presentation and discussion, small group process, fish bowl role-play, and recording of the interventions that will be printed out and duplicated for participants to take with them.

**Prerequisite** — ODR approved Family Mediation Training or equivalent.

**Registration.....\$200 (includes lunch both days)**

\*Visit [www.NEMediation.org](http://www.NEMediation.org) for a biography of the presenters.

### **Registration Form**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Company/Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Check training(s) you are registering for:

Basic Mediation: Feb. 7, 14, 21, 28     Basic Mediation: May 3, 4, 10, 11     Basic Mediation, August 7 - 10

Basic Mediation, Nov. 6 - 9     Family Mediation\*, June 18 - 21     Adv. Med. Skills\*, March 27 - 28

Adv. Family Workshop\*, May 21 - 22

\*Date (month & year) you received the pre-requisite training: \_\_\_\_\_

**Send completed application to:**

**NMCA Training Institute, 1338 South 202nd Street, Eagle, NE 68347**

**Questions?**

**Call Kelly Riley at 877-342-2004 or email [info@nemediation.org](mailto:info@nemediation.org)**

## **Why Choose NMCA/ODR Training?**

- ⇒ **Quality:** Nationally recognized NMCA training programs meet competency standards and content guidelines consistent with Nebraska legislation and policy, and are easily adaptable to requirements outside Nebraska.
- ⇒ **Opportunities:** ODR's collaborative public-private partnership with NMCA encourages the use of volunteer resources for the delivery of services and each Nebraska ODR approved mediation center has the option to affiliate with NMCA/ODR trained mediators. This allows affiliates to contribute their mediation skills to the public good as they gain experience. Affiliation ensures a continuum of skill-based learning, continuing education, and opportunities for practice.
- ⇒ **Responsiveness:** Trainers use a variety of active learning strategies to provide participants with a balance of theory, dialogue, and practice.
- ⇒ **Choices:** Beyond the basic and family mediation trainings described in this brochure, ***specialized and advanced trainings*** are offered for experienced mediators. These trainings draw on nationally recognized trainers and frequently require a minimum prerequisite of Basic Mediation Training.
- ⇒ **Integration:** Mediators who train through the Training Institute and affiliate with an ODR approved mediation center benefit from the integrated dispute resolution system in Nebraska. The system offers a broad array of opportunities to mediate that are supported through supervision, continuing education, and mentoring. Centers employ competency standards of best practice that foster excellence in the field of mediation.
- ⇒ **International Recognition:** The Basic Mediation Training Manual is approved and certified by the International Institute for Negotiation and Conflict Management (IINCM), a consortium of universities, law schools, and governments in Australia, New Zealand, and Singapore.
- ⇒ **Professional Development:** A certificate of completion verifying attendance will be presented to each participant who completes a training course. For continuing education purposes, the Basic Mediation Training course fits the scope of practice for human resource professionals and licensed mental health practitioners, including professional counselors, social workers, and marriage and family therapists. Professionals may earn 27.75 continuing education hours by completing the course. Basic and family mediation training is approved for Continuing Legal Education credit in Nebraska, Colorado, and Iowa. Please contact the Training Institute regarding specific continuing education credit.
- ⇒ **Experience:** NMCA's trainers are practicing mediators and facilitators. Through their years of experience they have developed engaging and focused formats that enhance learning and demonstrate the application of mediation principles. Information about NMCA's trainers is located on NMCA's website at [www.nemediation.org](http://www.nemediation.org) or can be requested in paper format by contacting NMCA at [info@nemediation.org](mailto:info@nemediation.org) or calling 877-342-2004 (toll free).

## **Nebraska Mediation Center Association (NMCA)**

**877-342-2004; info@nemediation.org; www.nemediation.org**

The Nebraska Mediation Center Association is a not-for-profit organization created to work collaboratively with the Nebraska Office of Dispute Resolution (ODR) to provide training to persons interested in mediation, and to support the six ODR approved Nebraska mediation centers.

## **Nebraska Office of Dispute Resolution (ODR)**

**402-471-2766; dbrownyard@nsc.state.ne.us; http://court.nol.org/odr/**

The Nebraska Office of Dispute Resolution was established in 1991 in accordance with the Nebraska Dispute Resolution Act. The ODR is an office under the Nebraska Supreme Court.

## **Nebraska Mediation Centers**

### **Center for Conflict Resolution**

**800-967-2115 or 308-635-2002**

**info@conflictresolutioncenter.com; www.conflictresolutioncenter.com**

Located in Scottsbluff and serves 19 counties in western Nebraska.

**Counties Include:** Arthur, Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Grant, Hooker, Keith, Kimball, Lincoln, Logan, McPherson, Morrill, Scotts Bluff, Sheridan, Sioux, Thomas

### **Central Mediation Center**

**800-203-3452 or 308-237-4692**

**info@centralmediationcenter.com; www.centralmediationcenter.com**

Located in Kearney and serves 31 counties throughout south central and southwest Nebraska.

**Counties Include:** Adams, Blaine, Buffalo, Chase, Clay, Custer, Dawson, Dundy, Franklin, Frontier, Furnas, Garfield, Gosper, Greeley, Hall, Hamilton, Harlan, Hayes, Hitchcock, Howard, Kearney, Loup, Merrick, Nuckolls, Perkins, Phelps, Red Willow, Sherman, Valley, Webster, Wheeler

### **Concord Center**

**402-345-1131; dblue@concord-center.com;**

**www.concord-center.com**

Located in Omaha and serves all of Douglas and Sarpy counties.

**Counties Include:** Douglas and Sarpy

### **The Mediation Center**

**402-441-5740; info@themediationcenter.org;**

**www.themediationcenter.org**

Located in Lincoln and serves all of Lancaster county.

**Counties Include:** Lancaster

### **Nebraska Justice Center**

**402-753-9415 or 866-846-5576; tcbutz@cox.net**

Located in Fremont with a satellite office in Walthill; serves 24 counties in northeast and north central Nebraska.

**Counties Include:** Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Dodge, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Washington, Wayne

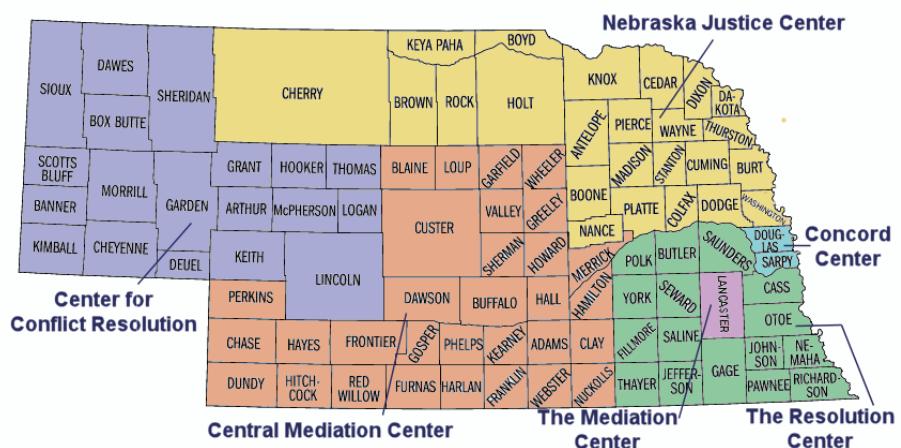
**Tribes Served:** Omaha, Winnebago, Northern Ponca, Santee Sioux

### **The Resolution Center**

**800-837-7826 or 402-223-6061; trc@bvca.net; www.theresolutioncenter.org**

Located in Beatrice and serves 16 counties in southeast Nebraska.

**Counties Include:** Butler, Cass, Fillmore, Gage, Jefferson, Johnson, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York



### **Nebraska Mediation Center Affiliates —**

Each Nebraska ODR approved mediation center has the option to affiliate with NMCA/ODR trained mediators. Affiliated mediators receive opportunities to mediate through the center and are supported through supervision, continuing education, and mentoring. The number of affiliates a center approves is based on case load. For more information about affiliation, contact the mediation center that serves your county of residence.

[www.nemediation.org](http://www.nemediation.org)

NMCA/ODR Training Institute  
1338 South 202nd Street  
Eagle, NE 68347

## **Registration, Payment, and Cancellation**

To register complete the registration form and mail to: NMCA Training Institute, 1338 South 202nd Street, Eagle, NE 68347-2012. Registrations can also be completed on-line at [www.nemediation.org](http://www.nemediation.org) or a registration form can be printed from the site. After printing, complete the registration form and mail to the address below. Payment is required at time of registration.

**Center Affiliate:** To apply as an affiliate to an ODR approved center, call the mediation center for your county of residence (see section titled "Nebraska Mediation Centers"). Center staff will explain the selection process.

### **Cancellation Policy**

Cancellations will be honored when received at least 10 working days prior to the first day of the training; a \$25 processing fee will apply to all cancellations. If canceling fewer than 10 working days, 50% of the registration fee will be refunded. The NMCA Training Institute reserves the right to cancel any training session at any time with a full refund. The NMCA Training Institute is not responsible for non-refundable travel and lodging arrangements.

**NMCA Training Institute**  
1338 South 202nd Street  
Eagle, NE 68347-2012  
402-781-2011 or 877-342-2004 (toll free)  
[info@nemediation.org](mailto:info@nemediation.org)